

# DAILY READINGS, REFLECTIONS & PRAYERS

for Monday 11<sup>th</sup> May to Sunday 17<sup>th</sup> May



## Monday 11<sup>th</sup> May

O My strength Psalms 59:9-17; John 6:60- & Chapter 7:13

**What issues are you struggling with in your life?**

Do you feel deeply troubled like there is no hope?

Like David, who was in deep trouble, call out to God

"O my strength, I watch for you; you, O God, are my fortress, my loving God (verses 9-10)

The Psalm ends in triumph: But I will sing of your strength, in the morning I will sing of your love; for you are my fortress, my refuge in times of trouble.

O my strength, I sing praise to you; you, O God, are my fortress, my loving God (V16-17)

### **Prayer**

**Lord, thank you that you are my strength', my loving God. Give me your endless energy and boundless strength, In the name of the Father the Son and the Holy Spirit. Amen**

## Tuesday 12<sup>th</sup> May

Fruitfulness Proverbs 11:29 –Chapter 12:7; John 7:14-44

**Do you want to make a difference? But feel like there is a hole in your soul?**

Are the worries of Covid and the future taking over, causing you anxiety?

**Robbie Williams** in his song feel – sings, I just want to feel real love...there's a hole in my soul, you can see it in my face, its real big place

know that your life can be a source of blessing to other people every day

The fruit of the righteous is a tree of life' (Proverbs 11:30)

In Proverbs we see all the fruit of the Holy Spirit that the Apostle Paul talks about (Galatians 5:22)

The image of a tree of life (V30) is a beautiful depiction of God's favour.

It is linked to the work of the Spirit in your life (Ezekiel 47:1-12)

The Spirit enables and helps us to live the kind of righteous life that is described and to enjoy favour from the Lord (Rev 22:1-2; Proverbs 12:2)

In this season, choose to live not worry

## **Prayer**

**Lord, I pray for more of the fruit of the Holy Spirit in my life today: more love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. We ask this through your Son our Lord and Saviour Jesus Christ. Amen**

## **Wednesday 13<sup>th</sup> May**

**You can overcome these depressing times *Psalms 60:1-4; John 7:45-chapter 8:11***

**Are you experiencing times where everything seems to be going wrong? May be even now, are you facing a desperate situation – perhaps your health, a bereavement? Work problems, family difficulties or financial troubles?**

This Psalm is a national lament after a conquest by their enemies.

The people of God felt rejected. David says, You have shown your people desperate times (V3)

David uses an earthquake imagery to describe the desperation

V2, you have shaken the land and torn it open, mend its fracture for it is quaking

This same image is used today to describe turmoil in all spheres of life. The Corona virus, economic instability and community are fractured

Know that there is hope. “for those who fear you Lord, you have raised a banner to be unfurled against the bow (v4)

## **Prayer**

As you pray, know -God has designated a place where his people may find refuge under his protection. Be confident in the Lord –even in desperate times

**I thank you Lord God, that even in desperate times, I can take refuge under your protection. Remember us your people today. Direct and guide our leaders in our churches and the nations. We pray and ask through Christ our Lord. Amen**

## **Thursday 14<sup>th</sup> May**

**With God, its possible *Psalms 60:5-12; John 8:12-30***

**Can you compare God’s help with human help? Our help in comparison to God is worthless**

With God, David says, we shall gain the victory (v12). H was speaking about physical battles.

The Apostle Paul writes that our main battles are not physical. They are not against flesh and blood

But against spiritual forces of evil in heavenly places (Ephesians 6:12)

David prays;

"Save us and help us with your right hand, that those you love may be delivered...

Give us aid against the enemy, for human help is worthless"

With God we shall gain the victory (Psalms 60:11-12)

I don't know how are you are feeling. But I know that God is giving you victory. You may see it or may not see it yet, But it is coming. Receive it!

## **Prayer**

**Lord, thank you. With you I am confident – in all the battles I face. Today, I put my trust in you. Casting away all fears, worries and anxieties. I put my trust in your promises. I believe that with God all things are possible. Protect my family and friends. Look after your creation. By your Spirit, turn the hearts of unbelief from all humanity. I pray this in the name of your Son, our Saviour Jesus Christ. Amen.**

## **Friday 15<sup>th</sup> May**

### **God wants you Psalms 61:1-8; John 8:31-59**

**Are you overwhelmed by all the issues you are facing in life? Corona Virus, economy, work?**

David was overwhelmed and fainting (v2). He was a leader (v6 the King). We all need to be led by God

David's prayer is applicable to all of us. This prayer is a prayer for protection. There are times when we want to run and hide.

God provides us with physical protection and strength (v2)

Today, may God's emotional protection of his arm be around us.

May God's spiritual protection of love and faithfulness remain with us always.

Don't give up on God, keep trusting. When down, remember God's hand in those past hard times and how the Lord rescued you.

So what are you going to do in order to encourage someone else? Give someone a call, and pray together

## **Prayer**

**Lord, lead me into your presence today and lead me in all the decisions I make, the conversations I have and the words that I speak. I pray and ask this in the name of Christ, your Son our Saviour. Amen**

## **Saturday 16<sup>th</sup> May**

### **Did you know? you have a powerful testimony? Proverbs 12:8-17; John 9:1-34**

Whether you were brought up as a Christian or whether you have only been a Christian for a few hours. Your story has power. There is one Proverb that is specifically on today's theme: a truthful witness gives honest testimony (V17).

All of us are witnesses in the sense that we are all in a position to testify about Jesus Whether you are on a night out with friends or speaking at the front of a crowd of people in church or elsewhere

There is something very powerful about a person telling their story truthfully, honestly and from the heart. We are not born Christians? How do you come to faith in Christ? Was it gradual? Was it instant? What happened?

However short, long your journey off faith is. You still have a story to tell. Have you ever shared your conversion story? Perhaps, this season we are going through as a nation is the best time for you to start sharing you testimony.

## **Prayer**

**Lord, help me to tell my story from my heart, with honesty and authenticity. Give me the right moments to share it, that I may be a blessing to all who hear my story and that they may come to faith. I pray through your Son our Lord and Saviour Jesus Christ. Amen.**

## **Sunday 17<sup>th</sup> May**

### **Know God as Father Psalms 62:1-12; John 9:35-10:21**

It is easy to trust in God when everything seems fine. David says, "trust in, lean on, rely on and have confidence in God at all times.

Trusting in God at all times means trusting him not only when things are going well, but also when things are not so well.

But also, when things are not going so well. You develop character by trusting in the Lord when you are facing difficulties in your life

Knowing and trusting in God leads to; Soulrest, Salvation and Security

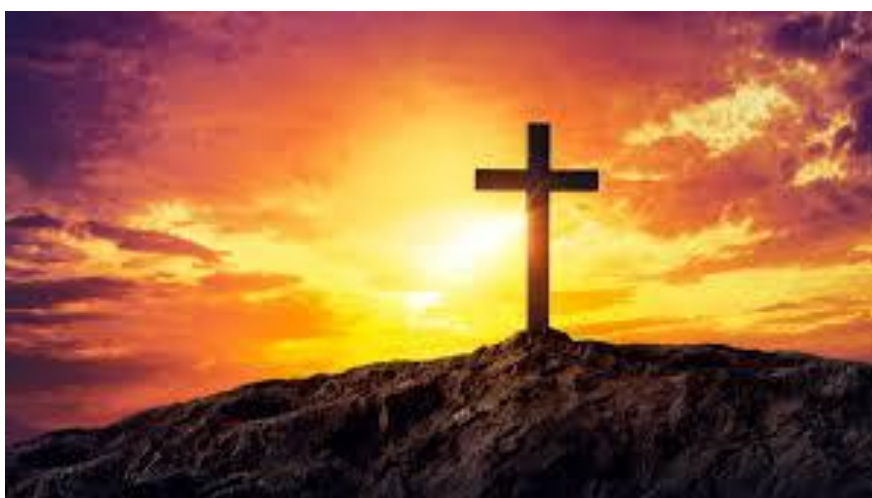
Soul-rest – In the midst of all your fears and anxieties you can find peace (V1-5)

Salvation – Salvation comes by faith in the Lord (V2-7)

Security – everything else in life is uncertain, and ultimately insecure, but God is my fortress, I shall never be shaken...he is my mighty rock, my refuge (2-7)

## **Prayer**

**Heavenly Father, may my soul find rest in you alone. Thank you that you promise that I will never be shaken. I trust in you today. We pray and ask all these things through Jesus Christ our Lord and Saviour. Amen.**



*Tolworth Hook Surbiton Team Ministry*